Term Project

Module 1

CS633 Group 4, Section 3

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# Project Scope

Introduction

Staying fit in a busy schedule is always a struggle for everyone. When you get back into the gym, you feel intimidated and overwhelmed. You don’t know what part of the body needs improvement and what needs maintenance. When you don’t see the changes that are happening to your body, you get discouraged and end up quitting the gym. Our group has noticed the cycle and wants to help users improve their health and create an application where users can track their own body measurements along with tracking their accomplishments in the gym, such as the current weight the user can curl or how long the user can cycle on the bike. This application will help the user stay motivated and see the improvements in both body measurements and successes in the gym.

Scope Statement

To create a web-based application for users to create an account and enter body measurements and current reps in the gym, then users can go in and create new entries showing their improvements from their previous entries.

Schedule

Our team stayed in constant communication through Stack where we were able to chat at any point in time. We met via Skype on a weekly basis, usually on the weekend to discuss deliverables and clear up any other questions or concerns throughout the project.